



Resource Centre

From our Churches

Author: Stephanie Dueck

Church: Morden Mennonite Church

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Mental Health Worship Service

Prelude

Call to Worship & Prayer

Hymn – HWB 653, vv. 1-3 “Abide with me”

Scripture Reading – Psalm 86

Sharing (Personal Experience with Mental Illness)

Prayer

Hymn – HWB 555 “I need thee every hour”

Scripture Reading – Isaiah 58:6-12

Sharing (Mental Health Care Professional)

Prayer

Hymn – HWB 519 “Shepherd me, O God”

Offering

Scripture Reading – Psalm 121

Sharing (Family and Friends)

Prayer

Hymn – STJ 105 “Don’t be afraid”

Scripture Reading – Isaiah 44:1-5

Sharing (Pastor)

Prayer

Hymn – STJ 56 “Make me a channel of your peace”

Candle Lighting Litany

By Carole J. Wills – www.congregationalresources.org/mentalhealth.asp

We light the candle of **Truth** that God will help us dispel ignorance and misinformation about major depression, bipolar disorder, schizophrenia, severe anxiety and obsessive compulsive disorder.

(Silent prayer)

We light the candle of **Healing** that troubled minds and hearts, broken lives and relationships might be healed.

(Silent prayer)

We light the candle of **Understanding** that the darkness of stigma, labels, exclusion and marginalization might be dispelled for the sake of those touched by mental illness.

(Silent prayer)

We light the candle of **Hope** for persons and families living with mental illness, for better treatment, for steadier recovery, for greater opportunity to work and serve.

(Silent prayer)

We light the candle of **Thankfulness** for compassionate, dedicated caregivers and mental health professionals; for new discoveries in brain research and better medications.

(Silent prayer)

We light the candle of **Faith** to dispel doubt and despair for those who have lost hope and are discouraged.

(Silent prayer)

We light the candle of **Steadfast Love** to remind us of God's love and faithfulness, and to remind us to share the light of love and service for those living with mental illness.

Time for Reflection (with instrumental music)

During this time you may come forward and light your own candle - for those you know who are struggling, for mental health care professionals, or for our church - that we may be a healing place for those who struggle with mental illness.

Hymn - STS 121 "Nothing is lost on the breath of God"

Closing Prayer