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## Mennonite Spiritual Directors List – Canada November 2014

This is a directory of 17 Mennonites in Canada who are qualified and available to offer a listening ministry of spiritual guidance and prayer to individuals and congregations who are seeking to grow to mature Christian faith.

This directory is compiled by Mennonite Church Canada Christian Formation.

### **Alton, Gordon:** Baden ON

**Telephone:** 519-634-9388

**Email:** [gordalton@rogers.com](mailto:gordalton@rogers.com)

**Congregation:** Mannheim MC, Petersburg ON (3 km from Kitchener)      **Area Church:** MCEC

**Training:** Spiritual Direction training at AMBS; Pastoral Counselling specialist with CASC; Student of the Diamond Approach, a sacred psychology, since 2006. Gord helps people deepen their experience of the Divine through exploring and transforming the various blockages in their soul that keep the different aspects of God's Spirit from being fully realized in their everyday lives. Along with providing spiritual direction, he leads an Inner Journey group, where people come to work intentionally on their personal spiritual formation, and writes a regular blog integrating the insights of the Diamond Approach with the Christian tradition. To learn more, check out his blog at <http://innerjourney.webplus.net/blog.htm>.

**Experience:** 1999

**Availability:** Anyone seeking to deepen their Christian faith journey.

### **Bergen, Ilene:** Tavistock ON

**Telephone:** 519-655-6887

**Email:** [ilene@smchurch.ca](mailto:ilene@smchurch.ca)

**Congregation:** Steinmann MC, Baden ON

**Area Church:** MCEC

**Training:** MTS, Spiritual Guidance Seminar at AMBS.

**Experience:** 2000

**Availability:** Limited local availability.

### **Boehm, Ruth:** Leamington ON

**Telephone:** 519-322-4398

**Email:** [faithmennonite@bellnet.ca](mailto:faithmennonite@bellnet.ca)

**Congregation:** Faith Mennonite Church, Leamington ON

**Area Church:** MCEC

**Training:** Completed Spiritual Guidance Seminar (AMBS, 2002); taught Spiritual Formation in Nigeria (MCC, 2003); trained to lead Ignatian Spiritual Exercises, interested in group spiritual guidance.

**Experience:** 2001

**Availability:** limited availability

**Brubacher, Grace:** Scarborough ON

**Telephone:** 416-266-3403

**Email:** earl.grace@rogers.com

**Congregation:** associate member of Mennonite Spiritual Directors of MCEC; attending Christ Church Deer Park, Anglican Church of Canada

**Area Church:** MCEC

**Training:** MSW; MA in Ministry & Spirituality and Diploma in Spiritual Direction, Regis College, Toronto School of Theology; Spiritual Direction training, AMBS and Regis College

**Experience:** 2000

**Availability:** No limits.

**Doell, Judith Froese:** Boissevain MB

**Telephone:** 204-534-6944

**Email:** j.frodoe@gmail.com

**Congregation:** Whitewater Mennonite Church and St. Matthew's Anglican Church, Boissevain MB

**Area Church:** MCM

**Training:** Pastoral Studies Distance Education (AMBS), 2006; Spiritual Direction (AMBS), 2006; Clinical Pastoral Education course (Univ. of Winnipeg) 2007 & 2013; Certificate in Christian Ministry (AMBS), 2012; Shekinah Spiritual Direction (University of Winnipeg), 2013.

**Experience:** Pastor for 8 years, Spiritual Director for 10 years, contract and volunteer Spiritual Care Provider for 5 years.

**Availability:** Willing to serve both women and men. Giving direction in Boissevain and Brandon, Manitoba.

**Druery, Jeff:** Hamilton ON

**Telephone:** 289-426-5704

**Email:** jdruery@mcmaster.ca

**Congregation:** Open Table, Hamilton ON

**Area Church:** MCEC

**Training:** trained in spiritual direction through Ontario Jubilee program;

**Experience:** 1999

**Availability:** Yes.

**Frey, Ardith:** Waterloo ON

**Telephone:** 519-745-7798

**Email:** mardith@rogers.com

**Congregation:** Erb Street Mennonite Church, Waterloo ON

**Area Church:** MCEC

**Training:** M. Div. - University of Winnipeg/Canadian Mennonite University; Spiritual Guidance Seminar - AMBS; Summer Institute 2009 - EMS.

**Experience:** 2002

**Availability:** accepting new directees

**Frey, Miriam:** Paris ON

**Telephone:** 519-442-9880

**Email:** mfrey@sentex.ca

**Congregation:** Waterloo North MC, Waterloo ON

**Area Church:** MCEC

**Training:** Director of the Ontario Jubilee Program in Spiritual Formation and Spiritual Direction at Five Oaks Retreat Centre, Paris ON. Certificate of spiritual direction training from AMBS, June 2000, and Toronto Jubilee Program, Feb, 2001; Training in dreamwork at Amani Counselling Centre, Nairobi, Kenya, 1987; Enneagram training at Loyola University, Chicago IL, 1999

**Experience:** 2000

**Availability:** Available to serve anyone.

**Friesen, Sunnie:** Winnipeg MB

**Telephone:** 204-269-2465

**Email:** sunamd@mymts.net

**Congregation:** Aberdeen Mennonite (EMC), Winnipeg MB

**Area Church:**

**Training:** AMBS Spiritual Direction course (2002).

**Experience:** 2002

**Availability:** Women; individually, or available to lead workshops or retreats focusing on contemplative spiritual practices including spiritual direction, centering prayer and lectio divina.

**Funk, Laura:** Winnipeg MB

**Telephone:** 204-489-7016

**Email:** anam.charaid.soul.friend@gmail.com

**Congregation:** Hope Mennonite Church, Winnipeg MB

**Area Church:** MCM

**Training:** 2010-13: Shekinah Spiritual Direction training at St. Benedict's Retreat and Conference Centre, Winnipeg. Training/experience in Theophostic Ministry (2000) and Immanuel Approach (2004), Spiritual Focusing (2012). In addition to providing spiritual direction, she has led small groups and retreats on Spiritual Formation, Celtic Spirituality, Sabbath, Psalms, Spiritual Healing, Seeking the Feminine in Divinity, Labyrinths and other topics. To learn more, check out her blog at [www.Butterflyjourneys.blog.ca](http://www.Butterflyjourneys.blog.ca)

**Experience:** pastoral ministry, 2008-2013, private practice in Spiritual Direction 2011-current

**Availability:** Anyone seeking to explore and deepen their faith journey.

**Houser Hamm, Marilyn:** Altona MB

**Telephone:** 204-324-5438

**Email:** rhamm@mymts.net

**Congregation:** Altona MC, Altona MB

**Area Church:** MCM

**Training:** AMBS certification course in Spiritual Direction; Member of Spiritual Directors International; Director Worship & Spirituality, MC Canada, 2001-03

**Experience:** 2001-2003 Supervised Direction; 2004-2005 Private Practice, 2005-Present Informal Direction.

**Availability:** By appointment.

**Kuepfer, Jane:** Stratford ON

**Telephone:** 519-625-8182

**Email:** jdkuepfer@live.ca

**Congregation:** Wellesley Mennonite Church and Nithview Community, ON

**Area Church:** MCEC

**Training:** Completed a BA at Universtiy of Waterloo (Conrad Grebel College), an Mdiv at Emmanuel College, TST (1996), and the Jubilee Program in Spiritual Formation and Spiritual Direction (2010). Currently studying Spiritual Care & Psychotherapy at Waterloo Lutheran Seminary.

**Experience:** 2010

**Availability:** open

**Leis Druery, Marybeth:** Hamilton ON

**Telephone:** 289-426-5704

**Email:** leismb@mcmaster.ca

**Congregation:** Open Table, Hamilton ON

**Area Church:** MCEC

**Training:** Trained in spiritual direction through Ontario Jubilee program; offering spiritual guidance to community members and university students from diverse backgrounds through Student Open Circles.

**Experience:** 1995

**Availability:** Available for individual Spiritual Direction, workshops and retreats. Possible areas of exploration: engaging arts, creative expression, and movement as spiritual practice; Spirituality and Young Adults.

**Steiner, Sue:** Kitchener ON

**Telephone:** 519-884-1040

**Email:** scsteiner@sympatico.ca

**Congregation:** Rockway MC, Kitchener ON

**Area Church:** MCEC

**Training:** Group Leaders Program at Shalem Institute for Spiritual Formation; Spiritual Guidance for Church Leaders at AMBS.

**Experience:** 1997

**Availability:** No limits to availability, but with a particular interest in spiritual direction of pastors and of persons testing a call to ministry.

**Wagler, Patricia:** Shakespeare ON

**Telephone:** 519-665-2581

**Email:** patewag@golden.net

**Congregation:** Tavistock MC

**Area Church:** MCEC

**Training:** Graduate of Jubilee Associates of Ontario program. Spiritual Formation/Spiritual Direction. Huron University College. Veridatis Trained and Certified Labyrinth Facilitator.

**Experience:** 2010; spiritual companioning, labyrinth work (Labyrinth training with Lauren Artress), speaker for events/retreats

**Availability:** moderate

**Wiens, Marian:** Waterloo ON

**Telephone:** 519-746-3703 or cell 226-750-3092

**Email:** erv\_marian@hotmail.com

**Congregation:** Hawkesville Mennonite Church, Hawkesville ON

**Area Church:** MCEC

**Training:** Master of Theological Studies with emphases on pastoral counselling; one summer at the Summer Institute for Spiritual Formation at Eastern Mennonite Seminary; June 2009 - completed 2-year Spiritual Direction Training program, at the Faithful Companions of Jesus Christian Life Centre in Calgary.

**Experience:** 1993

**Availability:** Available most days and willing to work with either women or men by email or skype.

**Williams, Lilli:** Winnipeg MB

**Telephone:** 204-779-8425

**Email:** ljw@swilliams.ca

**Congregation:** Home Street Mennonite Church

**Area Church:** MCM

**Training:** Prairie Jubilee Program, Winnipeg MB

**Experience:** 2010

**Availability:** Women/students preferred.