



HAND TALK

10 Signing Sessions For Seniors

Prepared by Kathleen Driedger and Helen Dueck

Acknowledgements

Several years ago Kathleen Driedger, a resident of Bethel Place in Winnipeg, Manitoba, recognized the difficulty faced by seniors who were suffering hearing loss. She took her daughter's suggestion seriously to learn signing as a means to communicate when hearing fails.

A group of fellow residents joined her in her quest to respond to this ever growing need. They began to meet regularly to study and practice together. They struggled to find a teacher who understood the needs and capabilities of seniors. After various attempts, they decided that a group learning method, with qualified advisors would probably work best for them. This group received help and encouragement from the Deaf Centre Manitoba and its Resource Coordinator, Jill McGregor-Savoie.

Barbara Burkholder, a qualified teacher in signing, from Fort Francis, Ontario, was invited to spend a weekend with the Bethel Place Signing Club. Her experiences proved both inspiring and formative. We continue to use the Session Plan that she suggested. Elena Martin, a staff person with Manitoba Catholic Church of the Deaf, offered several study sessions to the group as well as help in bringing the 'signs' up to present day form.

The ten Sessions of 'HAND TALK' evolved from the initial meetings of the signing group. Group members Anne, Erna, Eva, Helen, Jessie, Lena and Mary all contributed to make the words and expressions come alive. Then Phyllis Wiebe typed and retyped the pages and Lena Dueck kindly assisted with her language and linguistic skills in the editing process. Helen Dueck's experience in editing and publishing was a key factor in the preparation of 'HAND TALK'. Penguin/Perigee Books kindly granted permission for the use of the illustrations from SIGNING EVERYDAY PHRASES by Mickey Flodin "for educational purposes". Several grants from the City of Winnipeg through River Heights-Fort Garry Ward (Councillor Orlikow) helped to facilitate the production of this booklet and we are deeply grateful.

Kathleen's daughter, Melody, who has a background in signing, was often an inspiration to her mother urging her to continue with the project. Our demands on our typist Phyllis Wiebe were relentless; she shifted her busy schedule to accommodate our needs. For all persons who have offered encouragement and suggestions we are thankful. We wish to share this effort with others who could find it useful.

Contents

	Page
Title Page	1
Acknowledgements	2
Contents	3
Introduction	4
Hand Shapes and Helen Keller	5
Basic Alphabet	6
Numbers	7
Sessions	
1) Beginnings	8-9
2) Greetings	10-11
3) Communication	12-13
4) Celebrations	14-15
5) Family	16-17
6) Worship	18-19
7) Health	20-21
8) Food	22-23
9) Time	24-25
10) Leisure	26-27
Word List	28
Songs	29

Introduction

'HAND-TALK" is a series of 10 Signing Sessions assembled and edited for seniors. It is one way of attempting to enhance the life of those experiencing hearing loss. "We enjoy life in relationship to others, we enjoy relating to others and being part of a fellowship circle. In order to do this we need to understand what is being spoken or transmitted in other ways."

American Sign Language [ASL], and Signing Exact English [SEE] are both signing languages used in talking with hands. Words and letters are formed by using the fingers/hands in prescribed formations to communicate.

It has been proven that if a group of persons (a community), learns to sign everyday used phrases and words, it facilitates much needed understanding in order to enjoy the 'twilight years'! A wonderful service.

Following are two real life scenarios:

Imagine being Joe, 78 years old, profoundly hard of hearing, and hungry for breakfast. Try as he may, Joe can't hear the server in the dining room. He knows she is shouting and still can't make out the exact words. Joe becomes embarrassed and leaves the dining room without breakfast. If Joe and the server had known a few simple signs, Joe could have communicated his desire for eggs and coffee and the server could have provided breakfast without needing to raise her voice.

Then there is Mary, who has just returned from a short stay in the hospital after a major fall. Her home care worker has difficulty communicating with Mary as she is very 'hard-of-hearing'. The care worker teaches Mary and her family members some simple signs to facilitate their everyday communication. Its use was helpful for everyone. Additionally they found it fun to learn!

From: "ASL with Seniors"
Washington State Chapter News

Hand Shapes and Helen Keller Quotation

Throughout this booklet, basic hand shapes are mentioned in the descriptions on how to form the signs correctly. Become familiar with the following hand shapes:

Closed Hand

The hand is closed like a fist in the shape of an S hand.



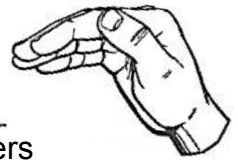
The And Hand

When the “and hand” is mentioned, only the ending position with all fingertips touching is being referred to.



Curved Hand

The fingers are curved and touching. Sometimes the term “curved open hand” is used, where the fingers are kept bent but spread apart.



Bent Hand

The fingers are touching and bent at the knuckles.



Flat Hand

The hand is held flat with fingers touching.



Clawed Hand

The fingers are held apart and bent.



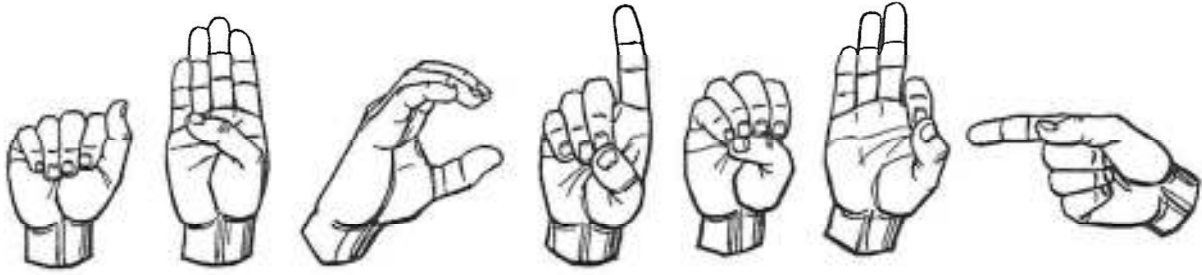
Open Hand

The hand is held flat, fingers apart. Sometimes referred to as “flat open hand.”

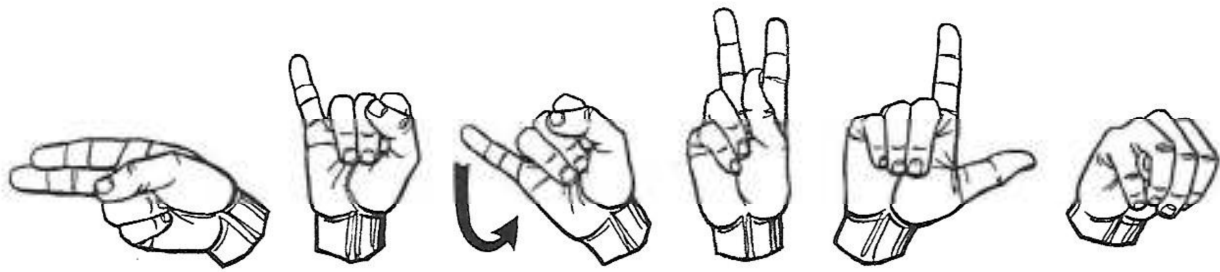


“I am just as deaf as I am blind. The problems of deafness are deeper and more complex, if not more important, than those of blindness. Deafness is a much worse misfortune. For it means the loss of the most vital stimulus – the sound of the voice that brings language, sets thoughts astir, and keeps us in the intellectual company of man.” -- Helen Keller

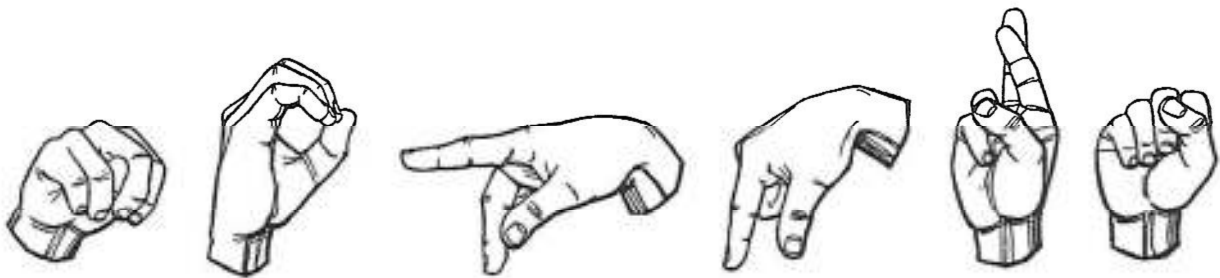
Basic Alphabet



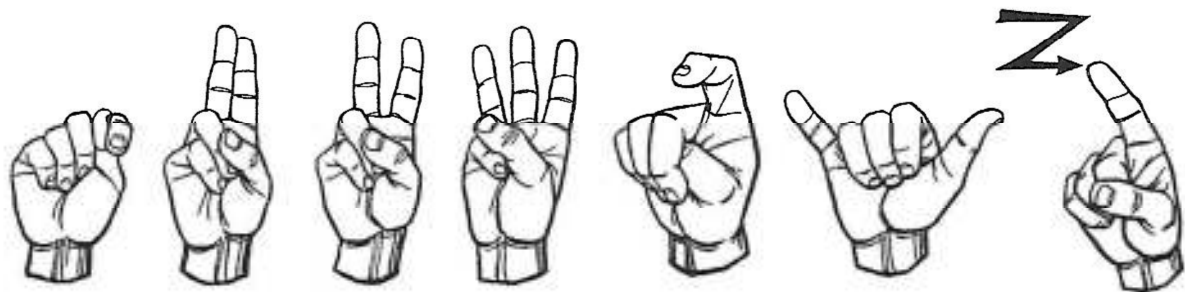
A B C D E F G



H I J K L M



N O P Q R S



T U V W X Y Z

Numbers 1 – 12



1



2



3



4



5



6



7



8



9



10



11



12

ONE

Hold up right index finger up palm forward.

TWO

Hold up right index and middle finger palm facing forward.

THREE

Hold up right index, middle and thumb palm facing forward.

FOUR

Hold up right four fingers, thumb over palm facing forward.

FIVE

Hold up right open hand, palm forward.

SIX

Hold up index, middle and ring fingers while touching thumb and little finger.

SEVEN

Hold up index, middle and little fingers, touch tip of thumb and ring finger.

EIGHT

Hold up index, ring, and little fingers, touching thumb and middle finger.

NINE

Touch right thumb with index finger, other fingers up, palm forward.

TEN

Shake right A hand back and forth at wrist, palm facing left, thumb up.

ELEVEN

Hold up right S hand, palm facing self and flick index finger up.

TWELVE

Hold up right S hand palm facing self and flick index finger and middle fingers up.

A. General Introduction

1. Introduction of manual alphabet.
2. Practice proper name of each person present.

B. Beginning words

ARE	FINE	HI (hello)	HOW	MY	NAME	PRACTICE
THANK YOU	WHAT	YOU	YOUR	YOU'RE	WELCOME (invite)	

(These words are illustrated on an additional page.)

C. Sentences using new words

1. Hi, my name _____.
2. What (is) your name?
3. How (are) you?
4. Fine, thank you.

D. Tips and Teachings



1. The alphabet is the foundation for all signs (like any other language).
2. All letters are signed with one hand. Words are signed using one or both hands.
3. Some words can be signed in more than one way, i.e., "Thank you" with both hands or right hand only.
4. Bracketed words in sentences need not be signed.



are

Move right *R* hand forward from lips.



fine

Hold thumb of right open *flat* hand up, and move forward from chest.



hi (hello)

Place right *B* hand at forehead and move to right.



how

Place *bent* hands together back to back and turn palms forward until palms face up.



my

Place right *flat* hand on chest.



name

Cross both *H* fingers.



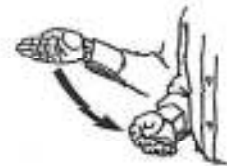
practice

Move right *A* hand knuckles back and forth over left index finger.



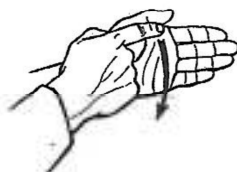
thank you

Hold *flat* hands to lips, Then move hands forward.



you're welcome (invite)

Move right *flat* hand toward the body from right side, palm up.



what

Move the tip of index finger across left *flat* hand.



you

Point to person. Move from left to right if more than one.



your

Move *flat* hand towards person. Move to right if plural.

A. Review Words

are	fine	hi (hello)	how	my	name	practice	thank you
	what	you	your	you're	welcome (invite)		

B. Sentences using review words

1. Review sentences from Session 1.
2. Create one of your very own new sentences.
(introduction of hand shapes)

C. New Words

EVENING (night)	FRIEND	GOOD	HARD OF HEARING	
I	INTRODUCE	MEET	MORNING	NO
PLEASE (enjoy)	VERY	YES		

D. Sentences using new words

1. Good evening.
2. Please introduce your friend.
3. I (am) hard of hearing.
4. Good morning, Helen.

E. Tips and Teachings:

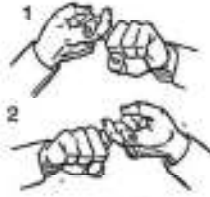


1. Hand shapes are an important part of signing. This lesson has introduced us to seven basic, different hand shapes. There are others...many of the letters will at times be described as being flattened, bent, or curved. This is important for correct signing.
2. Signing is done in the area of the torso, upper body, even as high as above the head. An imaginary rectangle from waist up is a good guide (there are some exceptions).
3. Accompany each sign with mouthing the word. Loosen up!



evening (night)

Place right *curved* hand over *flat* left hand.



friend

Hook right index finger over left index finger. Reverse action.



good

Touch lips with right *flat* hand and move down into left *open* hand.



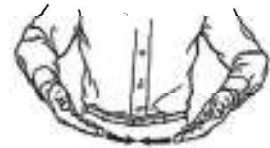
hard of hearing

With right *H* hand pointing forward, move to right in small arc.



I

Place right *I* hand on chest palm facing left.



introduce

Move *flat* hands from sides until fingertips nearly touch.



meet

Extend index fingers of *A* hands and bring from sides to front so thumbs touch.



morning

Bend right arm forwards. Rest left hand in elbow and raise right hand.



no

Touch right middle and index fingers with thumb several times.



please (enjoy)

Circle right *flat* hand over heart.



very

Place *V* hands, fingertips together, and move them apart.



yes

Move the right *S* hand up and down. Nod head.

A. Review words

evening (night) friend good hard of hearing I introduce meet
morning no please (enjoy) very yes

B. Sentences using review words

1. What (is) your friend's name?
2. Please introduce your friend (this) evening.
3. (Are) you hard of hearing?
4. Create your own sentence.

C. New words

CAN (able, could) DEAF FINGERSPELL FORGET (forgot) HEAR
HEARING AID LANGUAGE LEARN SIGN UNDERSTAND VISIT
WE

D. Sentences using new words

1. We can learn (to) fingerspell.
2. My hearing aid (is) good.
3. Your deaf friend can sign?
4. Sign language (is) good for me.
5. Please visit your deaf friend.

E. Tips and Teachings



1. When beginning to sign a word, there are several questions we need to consider:
 - a. Where do I place my hand(s)?
 - b. What hand shape(s) will I use?
 - c. How do I move my hands?
2. Fingerspell means signing the word(s) using the letters of the manual alphabet:
 - a. two and three letter words (i.e. do, did, etc.),
 - b. proper nouns,
 - c. words without known signs.



can (able, could)
Move both S or A hands down.



deaf
Point index fingers to ear and mouth



finger spell
Move wiggling fingers of right hand up and down, left to right.



forget (forgot)
Move right open hand across forehead from left to right. End with A hand to right of head.



hear
Move right index finger to right ear.



hearing aid
Twist clawed hand at right ear.



language
Move L hands from center to sides of chest in wavy motions.



learn
Place fingertips of curved right hand on left palm. Move to forehead while changing to and hand.



sign
Point index fingers up facing forward in front of chest. Rotate hands toward chest in alternating circles.



understand
Flick up the right index finger of S hand in front of forehead, palm in.



visit
Move V hands, palms in, in alternating circles, moving out.



we
Move right index finger from right shoulder, in arc, to left.

A. Review words

evening hard of hearing morning I can deaf fingerspell hear
hearing aid language learn sign visit we

B. Sentences with review words

1. Please introduce your friend.
2. Your hearing aid (is) very good
3. Sign language (is) very good (to) learn.
4. We visit your friends (in the) evening.
5. Your deaf friend (is) learning sign language.

C. New words

BORN (birth) CHRISTMAS DAY DO EASTER GIFT
HAPPY HAS (had, have) HOLIDAY JESUS
NEW YEAR SONG (sing)

D. Sentences using new words

1. Christmas (is) a happy holiday.
2. Jesus (was) born (on) Christmas Day.
3. Your friend has (a) gift for you.
4. Did you have (a) happy holiday?
5. We sang songs (at) Christmas.

E. Tips and Teachings

1. New words followed by another word(s) in brackets, have the same sign, i.e. song (sing)
2. Facial expressions are part of signing. You speak with your eyes, face and even with your body! This needs determined practice.
3. Alternative sign for Christmas: Move C hand with finger tips near forehead down to chin.



born (birth)

Bring right *open* palm from below waist into left palm in front of chest.



Christmas

Move right *C* hand in an arc from left to right. See 'Tips' for alternate sign.



day

Rest right *bent* elbow on left horizontal index finger and move right index finger down to left elbow.



do

Finger spell letters *D* and *O*.



Easter

Move right *E* hands in front of chest in small circles.



gift

Move modified *X* hands forward together in an arc with palms facing in.



happy

Move *flat* hands in forward circles, fingers touching chest.



has (had, have)

Move *bent* hands, placing fingertips on chest.



holiday

Place thumbs at armpits and wiggle fingers.



Jesus

Place hands in front with palms facing. Touch right middle finger to left palm, then left middle finger to right palm.



New Year

Brush left palm with *curved* right hand. Circle right *S* hand around the left *S* hand, ending with right on left.



song (sing)

Swing *flat* right hand in front of left hand and forearm.

A. Review words

thank you how morning evening hard of hearing good please
hear deaf language sign holiday
gift born Christmas

B. Sentences using review words

1. Christmas (is a) happy holiday.
2. What do you do (in the) evening?
3. Your deaf friend (is) learning sign language.
4. Jesus was born (on) Christmas day.

C. New words

COUSIN DAUGHTER FAMILY FATHER GRANDFATHER
GRANDMOTHER MANY MOTHER PARTY PERSON
SON WHEN

D. Sentences using new words

1. Your family (is) very happy.
2. When (did) you visit your grandmother?
3. We forgot (to) introduce your mother.
4. I understand when you sign.

E. Tips and Teachings



1. All female family member words are signed near the right cheek or the chin, i.e. aunt: shake the right A hand near the right cheek.
2. All male family members are signed near the right forehead, i.e. boy: pretend to be gripping a cap and move the right hand forward a little.
3. Cousin could be either male or female so you use the location to identify the gender, i.e. shake C hand near cheek for female. Likewise many other gender word signs work together, i.e. grandfather is signed father with an extra arc forward, etc.



cousin

Shake right *C* hand near forehead for male and near chin for female.



daughter

Slide right *A* thumb along jaw. Then place right *flat* hand, palm up in fold of *bent* left arm.



family

Hold *F* hands facing each other and circle hands forward to touch little fingers.



father

Touch forehead with the thumb of *open* right hand.



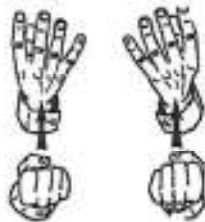
grandfather

Touch forehead with thumb of right *open* hand and make two small arcs.



grandmother

Touch chin with thumb of right *open* hand and make two small arcs.



many

Place *S* hands in front of chest, palms up. Open several times.



mother

Touch chin with thumb of right *open* hand.



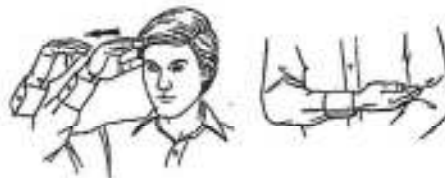
party

Swing *P* hands left and right with palms down.



person

Move *P* hands down along sides of body.



son

Grip imaginary cap with right hand and move forward. Rest *flat* hand on *bent* left arm, palm up.



when

Move right index finger around upright left index finger, touching tip of right index finger to left index finger.

A. Review words

forgot understand sign language visit when family evening
morning hard of hearing good please happy

B. Sentences with review words

1. We (are) introduced to sign language.
2. Your friends (are) learning to sign.
3. (Did) you enjoy (the) evening?
4. I understand how (to) read (the) sign.

C. New words

BIBLE CHURCH COME GO GOD LOVE PRAY SCHOOL
STORY SUNDAY TELL WORSHIP

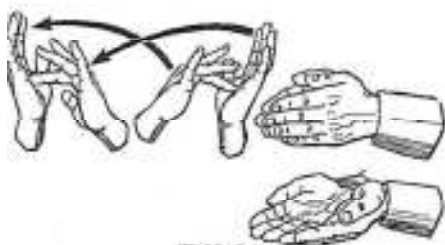
D. Sentences using new words

1. Please tell (a) story (in) Sunday school.
2. Come visit my friends (in the) morning.
3. (In) church we pray, sing (and) worship.
4. Jesus loves me, (this) I understand.

E. Tips and Teachings



1. “This” is signed by placing the right index finger in left *flat* palm. Often it is understood and not signed.
2. The sign for God begins above left forehead.
3. The head moves in signs for pray and worship.
4. This is our 6th session. Our vocabulary has really grown, and we are now able to join sentences and come up with a short paragraph or story!!



Bible

Begin with Jesus sign from Session 4. Close *flat* hands, palm to palm, and then open them.



church

Set thumb of right *C* hand on back of left *S* hand.



come

Start with extended index fingers pointing up in front of body, palms in, and bring towards chest.



go

Place *flattened C* hand near right shoulder, pointing left. Quickly move hand to right.



God

Start with *B* hand above head. Move down to lower face.



love

Cross *S* hands over heart.



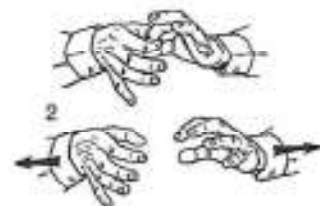
pray

Place *flat* hands together and bring toward self while bowing.



school

Clap hands twice horizontally.



story

Make a chain with *F* hands linking and separating fingers a few times



Sundav

Place *open* hands at shoulders, palms forward, fingers up. Move back and forth.



tell

Start with extended index finger near mouth, palm facing in. Angle finger forward.



worship

Cover right *closed* hand with left and move towards body, bowing head.

A. Review words

Bible church God pray tell Sunday school come
 go love story children hard of hearing deaf
 hearing aid sign language

B. Sentences using review words

1. My deaf grandfather has (a) hearing aid.
2. (Do) your friends learn sign language?
3. Her sister understands his signs.

C. New words

AMBULANCE APPOINTMENT CALL (telephone) DOCTOR FEEL GIVE
 (gave) HOSPITAL MEDICINE NURSE
 PAIN SICK WELL (healthy)

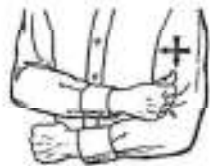
D. Sentences using new words

1. Doctors need nurses (to) give medicine.
2. (The) ambulance came (for the) sick child.
3. How do you feel (this) evening?
4. My appointment (is this) morning.

E. Tips and Teachings



1. Alternate sign for ambulance: With *flattened O* hand above right side of forehead, twist in circles opening to 5 hand. Repeat several times.
2. Alternate sign for appointment: Hold up vertical left *one* hand palm facing out, bring right extended *V* hand down on either side.
3. The middle finger of right hand is used to express feelings of emotions or health concerns in various signs, i.e. sick, medicine, etc.
4. "Need": Move right *bent* index finger down forcefully several times.



ambulance

Draw a cross on upper left arm with right A thumb. See 'Tips'.



appointment

Circle right A hand palm down above left S hand and wrist, moving them down slightly. See 'Tips'.



call (telephone)

Touch ear with thumb of right Y hand, small finger touching mouth.



doctor

Touch right pulse with left D fingertips.



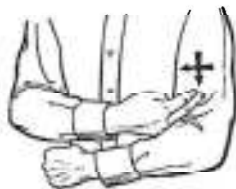
feel

Move right middle finger of open hand up the chest.



give (gave)

Place *and* hands in front of chest, move hands forward changing to palms up flat hands.



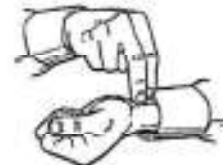
hospital

Draw cross on upper left arm with right H hand.



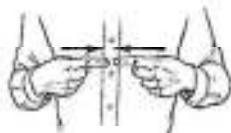
medicine

Draw small circles in *open* left palm with right middle finger.



nurse

Touch pulse of left wrist with N fingers of right hand.



pain

Jab index fingers at each other in front of body or side of pain.



sick

Touch forehead with middle right finger and tummy with middle left finger.



well (healthy)

Place *curved open* hands on chest and move forward ending in S hands.

A. Review words

ambulance appointment cold doctor feel hospital medicine
nurse pain sick well call give

B. Sentences with review words

1. I have a doctor’s appointment (in the) morning.
2. (Do) you have (to) go (to the) hospital?
3. Are you very sick? (Do) you need medicine?
4. The nurse can call (the) doctor today.

C. New words

BREAD BREAKFAST COFFEE LUNCH ORDER PAY RESTAURANT
SALAD SANDWICH SOUP SUPPER WATER

D. Sentences using new words

1. We ate lunch (in the) restaurant.
2. Bread (is) good for sandwiches.
3. Please pay when you order your meal.
4. We can practice our new words (in the) morning and (in the) evening.

E. Tips and Teachings

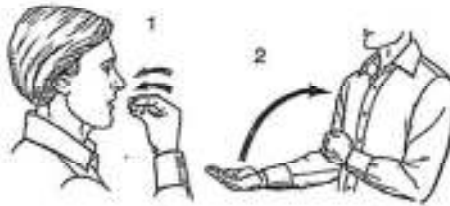
1. Signs for ‘meals’ consist of 2 parts...eat and the time of day, i.e.
breakfast: is signed eat & morning, lunch: eat & noon, etc. Eat is signed by moving fingertips of *AND* hand to mouth several times.
2. The hand sign for sandwich must be held at an angle near the mouth so as not to be confused with sign for prayer.
3. There is an alphabetical word list after Session 10. Each word has the session number attached to it so you can locate the sign easily.





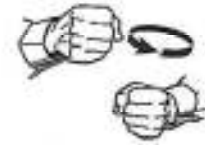
bread

Move little finger of right *flat* hand down on upright back of left hand several times.



breakfast

Eat: Move fingertips of right hand to mouth several times.
Morning: See Session 2.



coffee

Hold both S hands forward, move right S hand in circles above left S hand.



lunch

Sign **eat** (as above) and **noon**: Rest right *bent* elbow with hand pointing up on left horizontal hand.



order

Move right index finger forwards quickly and forcefully from the mouth



pay

Move right index finger forward from left palm.



restaurant

Move R fingers from left to right of mouth.



salad

Twist curved V or W hands up with fingers towards each other.



sandwich

Put *flat* hands together near mouth.



soup

Push right slightly *curved* H fingers into and up from left *curved* hand a few times.



supper

Sign **eat** (as above) and **evening**: place right *curved* hand over *flat* horizontal left hand.



water

Touch the right side of the chin several times with right W index finger.

A. Review words

feel sick give bread lunch eat for order pay before practice
restaurant salad sandwich soup
sign appointment

B. Sentences using review words

1. My doctor's appointment (is in the) morning.
2. Can you and I go?
3. Yes, I can go (this) evening.
4. The nurse can call (the) doctor.

C. New words

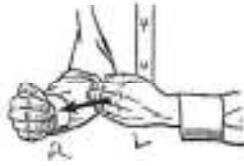
AFTER BEFORE BIRTHDAY LATE MINUTE MONTH REMEMBER
TIME TOMORROW WAIT WEEK YESTERDAY

D. Sentences using new words

1. What time (is it)?
2. Please come (to) visit tomorrow.
3. (A) month (has) four weeks.
4. Remember grandmother's birthday (is) today.

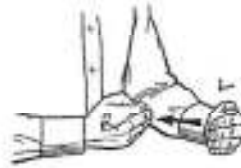
E. Tips and Teachings

1. There are connections between signs of various words. It is easier to remember them if you recognize these: "after, before and next" and "tomorrow and yesterday" etc.
2. Generally speaking, these signing classes need to be attended by the hearing as well as the hard of hearing persons to build community. The more persons learning signing, the greater the benefit for the hard of hearing persons.



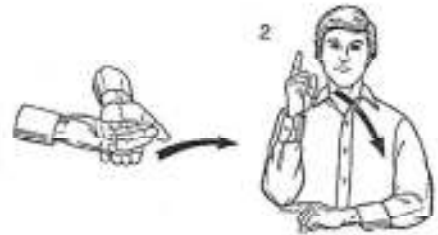
after

Move slightly *curved* right hand forward and away from slightly *curved* left hand.



before

Hold slightly *curved* hands to front near each other. Move right hand towards chest.



birthday

birth: see **born** Session 4.
day: see Session 4.



late

Bend wrist of right *flat* hand near right side of waist; move back and forth.



minute

Move right 1 hand past left little finger on *raised* left hand..



month

Move horizontal right index finger down vertical left index finger.



remember

Move right A thumb from forehead to left A thumb.



time

Tap left wrist with *curved* index finger.



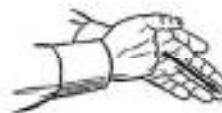
tomorrow

Move right A hand thumb from cheek then forward in an arc.



wait

Palms up, wiggle fingers of both *curved* open hands.



week

Slide right index finger forward over the left *flat* palm.



yesterday

Twirl right Y hand thumb from right chin to ear in an arc.

A. Review Words

feel give for pay sign appointment after birthday minute
month remember time tomorrow yesterday wait week

B. Sentences with review words

1. I have (a) doctor's appointment this morning.
2. When can you and I go?
3. Yes, we can go visit grandmother (in the) evening.
4. The nurse can call (the) doctor (to) come.

C. New words

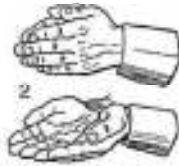
BOOKS DUE GAMES LIBRARY PAINTING PLAY
NEXT READ TRIP VACATION WALK WHERE

D. Sentences using new words

1. How many library books (do) you have?
2. (Do) you and your sister play games?
3. When (are) your library books due?
4. Vacation time (is a) good time to read your next book.

E. Tips and Teachings

1. Always mouth the words you are signing, whether you have your voice turned on or off.
2. Make your fingers stiff when signing (if possible). It makes your signs more easily understood.
3. By DAILY dedicating two ten-minute periods to practicing signing, you are making a difference in the lives of those who are H.O.H. (Hard of Hearing).



books

Close *flat* hands palm to palm and then open.



due

Touch right index finger in left palm several times.



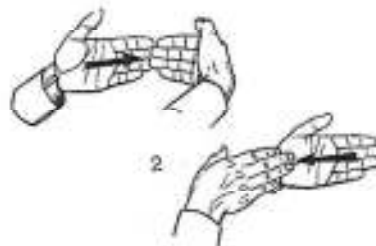
games

Bring knuckles of A hands together from side to front of chest.



library

Move right *L* hand in small circle towards the right, palm forward.



painting

Slide fingertips of right hand back and forth over left palm.



play

Hold up *Y* hand. Shake back and forth at wrists.



next

Move *flat* right hand from front of left hand up and ahead of left hand.



read

Move right *V* fingers down over *flat* left hand.



trip

Move curved right *V* hand in a forward wavy movement palm down.



vacation

Place thumbs at armpits and wiggle fingers.



walk

Imitate walking by moving *flat* hands alternately in forward motion.



where

Shake right index finger back and forth at shoulder.

WORD LIST

SESSIONS 1 – 10

The session number appears after each word

after⁹
ambulance⁷
appointment⁷
are¹

before⁹
Bible⁶
birthday⁹
books¹⁰
born (birth)⁴
bread⁸
breakfast⁸

call⁷
can³
children⁶
Christmas⁴
church⁶
coffee⁸
come⁶
cousins⁵

daughter⁵
day⁴
deaf³
did (do)⁴
doctor⁷
due¹⁰

Easter⁴
eat⁸
evening²

family⁵
father⁵
feel⁷
fine¹

fingerspell³
for⁸
forgot (forget)³
friend²

game¹⁰
gift⁴
give⁷
go⁶
God⁶
good²
grandfather⁵
grandmother⁵

happy⁴
has (had, have)⁴
hard of hearing²
hear³
hearing aid³
hi (hello)¹
holiday⁴
hospital⁷
how¹

I²
introduce²

Jesus⁴

language³
late⁹
learn³
library¹⁰
love⁶
lunch⁸

many⁵
medicine⁷
meet²

minute⁹
month⁹
morning²
mother⁵
my¹

name¹
need¹
New Year⁴
next¹⁰
no²
nurse⁷

order⁸

pain⁷
paint¹⁰
party⁵
pay⁸
person⁵
play¹⁰
please²
practice¹
pray⁶

read¹⁰
remember⁹
restaurant⁸
right⁷

salad⁸
sandwich⁸
school⁶
sick⁷
sign³
sing (song)⁴

28

son⁵
soup⁸
story⁶
Sunday⁶
supper⁸

telephone⁷
tell⁶
thank you¹
time⁹
tomorrow²
trip¹⁰

understand³

vacation¹⁰
very²
visit³

wait⁹
walk¹⁰
water⁹
we³
week⁹
well⁷
what¹
when⁵
where¹⁰
worship⁶

year⁴
yes²
yesterday⁹
you¹
your¹
you're welcome¹
(invite)

Songs

Hand Talk

(tune: "My Bonnie Lies Over the Ocean")

Our lives are slowing and hanging
Our times are fun and cares!
We know that too soon we'll be leaving
So bring on the fun and the shares'.

Chorus:

Hand talk, hand talk
Learning and signing helps a lot.
Hand talk, hand talk,
Wonderful sharing of thought.

The radio tells us the good news,
The television gives us the bad.
But when we don't hear what
 they're saying,
Then all that we feel is sad!

So come on and join in the effort.
So come and join in the fun.
Together we'll learn some 'hand-talk'
Then we'll hear each other again!

Learn

(tune: "Row, Row, Row your Boat")

Learn, learn, learn, your signs
A, B, C and D.
Make each sign a work of art
Plain for all to see.

Learn, learn, learn your signs
Practice all the time.
Soup to eat and sandwich fine,
Practice all the time.

Read, read, read the signs,
What does your neighbor say?
Fun to talk with hands, not mouth
Silent words at play.

Fun, fun, fun to do
Secrets cross the room
Hard of hearing getting help,
No more need to zoom!

Lyrics by Kathleen Driedger and Lena Dueck

These words are not accompanied by illustrations. Most of them can be found within the Sessions 1-10 in this book.

Notes