

# Confession and Assurance – Courage to Face the Truth

God of compassion and consequence, some days it's hard to face who we are.  
We like to be in control, to know where we are going.  
Relying on someone else, even you, is hard.  
We get impatient and find things to criticize.  
Some of us even like to complain.  
Glossing over past hardships is easier than admitting that we needed your help,  
and still do.  
We don't want to see how our attitudes and actions make things worse.

We are sorry.  
Forgive our ingratitude.  
Grant us the courage to face the truth.

*(Pause for silent confession)*

Then they cried to the Lord in their trouble,  
and he saved them from their distress.

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