

Call to Worship – Holy, Holy, Holy God

*Note: You may find it helpful to offer this prayer with your hands open, palms up.
During each time of silence, breathe deeply and think of releasing your burdens to God.*

Holy, holy, holy God

We place ourselves in your presence; we rest in the promise of your grace.

Our minds and our spirits are cluttered with many thoughts and feelings
that threaten to pull our attention away from you.

Let us unclench our fists and release these things:

We release our regrets.

Actions we wish we had not taken.

Words we wish we could take back.

Opportunities we missed.

[Silence]

We release our to-do lists. All the things we should get done that pile
on top of each other.

[Silence]

We release our anxiety.

[Silence]

We release our fear.

[Silence]

We release our impatience.

[Silence]

We release our pride.

[Silence]

All of the thoughts, all of the feelings that pull us away from you,
O God, we release.

[Silence]

Fill us now with the joy and the peace of your abiding presence.

We offer all of ourselves to you,

our One God, Creator, Redeemer, Sustainer.

Amen

Joanna Harader (USA), 2019. spaciousfaith.com
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