

## Visio Divina - Greatly to Be Praised

1 Chronicles 16:25

Photo at Eh & Oh farm. A row of blue spruce trees watch over an organic farm of flowers and herbs. I was caught by the colour and the way creation offers praise to the Creator.

Ruth Boehm, pastor and photographer, invites us to "see with our own heart" using the practice of visio divina, a personal reflective exercise with image and scripture. You may use her photos and biblical selections as your devotional guide, as an encouragement note for a friend, or as an example of a practice you might engage with your own camera and Bible.

With the image, or with a camera, come with your eyes and heart open. Rest. Explore. Perceive. Let creation and scripture encourage, inform, surprise, and inspire you.

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