



A sower **WENT OUT** to sow.

Matthew 13: 3 NRSV

Ruth Boehm

Visio Divina – A Sower Went Out to Sow (A)

Matthew 13:3

This is a photo of Jennifer Gould. She is a young entrepreneur who is now a farmer of flowers. This was her first plant and her first crop. She was beginning in a field with soil that needs to be healed and replenished from the crops that were on it before. She is brave and courageous. If I had turned around and taken a picture looking back at the barn, you would have seen the others who are supporting her in this new venture of hope.

Ruth Boehm, pastor and photographer, invites us to “see with our own heart” using the practice of visio divina, a personal reflective exercise with image and scripture. You may use her photos and biblical selections as your devotional guide, as an encouragement note for a friend, or as an example of a practice you might engage with your own camera and Bible.

With the image, or with a camera, come with your eyes and heart open. Rest. Explore. Perceive. Let creation and scripture encourage, inform, surprise, and inspire you.

Photography: Ruth Boehm, 2021. [Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License](https://creativecommons.org/licenses/by-nc-nd/4.0/)
Scripture Text: New Revised Standard Version Bible, copyright © 1989 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

<https://www.commonword.ca/go/2935>