

Visio Divina – The Eyes of the Lord

Psalm 33:18

The cardinal rests on a wire amid the falling snow, knowing that the Lord looks after her and cares for her. We also can rest in the comfort of God's care and love.

Len Rempel invites us to "see with our own heart" using the practice of visio divina, a personal reflective exercise with image and scripture. You may use their photos and biblical selections as your devotional guide, as an encouragement note for a friend, or as an example of a practice you might engage with your own camera and Bible.

With the image, or with a camera, come with your eyes and heart open. Rest. Explore. Perceive. Let creation and scripture encourage, inform, surprise, and inspire you.

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